

# REDUCE INDOOR AIR CONTAMINANTS

WITH AN ENERGY RECOVERY VENTILATOR



## ADVERSE EFFECTS OF DEFICIENT INDOOR AIR QUALITY



### HEALTH PROBLEMS

Acute allergies, headaches, coughs, asthma, skin irritations and breathing difficulties, as well as chronic illnesses such as cancer, liver disease, kidney damage and nervous-system failure.



### COGNITIVE IMPAIRMENT

Studies by the Harvard School of Public Health and the Lawrence Berkeley National Laboratory found that carbon dioxide negatively impacted thinking and decision-making at levels commonly found inside homes and buildings.<sup>1</sup>

INDOOR AIR CAN BE **2-5 TIMES AND MAY BE 100 TIMES MORE POLLUTED** THAN OUTDOOR AIR<sup>2</sup>

<sup>1</sup> "Joe Romm, "Exclusive: Elevated CO<sub>2</sub> Levels Directly Affect Human Cognition, New Harvard Study Shows," Climate Progress, October 26, 2015, <http://thinkprogress.org/climate/2015/10/26/3714853/carbon-dioxide-impair-brain/>.

<sup>2</sup> "Why Indoor Air Quality is Important to Schools," U.S. Environmental Protection Agency (EPA), <https://www.epa.gov/iaq-schools/why-indoor-air-quality-important-schools>.



Read our IAQ white paper:  
Don't Breathe Easy: The Adverse  
Effects of Poor Indoor Air Quality:  
[http://bit.ly/Home\\_IAQ](http://bit.ly/Home_IAQ)