



**REGULAR  
EXERCISE**



**RESTFUL  
SLEEP**



**BALANCED  
DIET**



**ENHANCED  
INDOOR AIR  
QUALITY (IAQ)**

**IS IAQ PART OF YOUR DESIGN?**

**VENTILATE WITH RENEWAIRE ERVs & DOAS**



Read our white paper,  
Don't Breathe Easy: The Adverse  
Effects of Poor Indoor Air Quality  
[http://bit.ly/CSE\\_62](http://bit.ly/CSE_62)

RenewAire.com  
800.627.4499